Academy Uniforms is now at CRC Sydenham
Mon 2:30pm - 4:30pm
Thu 8:00am - 10:00am
Sat 9:00am - 12:00pm

Every 2nd Tuesday
Early Finish Days
16/08/2016
30/08/2016
13/09/2016

Tue 9 Aug
Year 9 Premier League

Thu 11 Aug
Year 11
Subject Selection Interviews

Tue 8 August
Year 9 Premier League

Thu 11 August
2017 Year 11
Subject Selection Interviews

Fri 12 August
Year 7, 8 & 9
Immersion Day

Year 9 DEAL
City Experience

2017 Year 11
Course Selection Day

Tue 16 August
Year 9 Premier League

Wed 17 August
Catholic Super Visit
Eric Marshall

Thu 18 August
SACCAA Chess

Fri 19 August
Catholic Super Visit
Eric Marshall

Year 10 Phoenix
Industry Excursion
The Langham

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**Issue 11— Friday 5 August 2016**

**Transfiguration of the Lord**

*Let’s go up the mountain.*

*Let’s go up to the place where the land meets the sky*

*where the earth touches the heavens,*

*to the place of meeting,*

*to the place of mists,*

*to the place of voices and conversations,*

*to the place of listening.*

O God, open our eyes that we may see Jesus,

light of the world,

Your light.

May Your light shine upon us.

Open our eyes that we may see Moses and Elijah,

Your word restoring us, showing us the way,

telling Your story, His story, our story.

May Your word speak to us.

Open our eyes that we may see mist,

the cloud of your presence,

assuring us of all we do not know, and that we do not need to fear that.

Teach us to trust.

Open our ears that we may hear Your voice,

‘This is My beloved Son, listen to Him!’

And we give You thanks.

Amen

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**A MESSAGE FROM THE PRINCIPAL**

In last Sunday’s Gospel reading Luke 12:13-21 we are reminded in the parable of the rich fool that there are more important things in life than material wealth.

As Jesus says, *“One’s life does not consist in the abundance of possessions.”* (Luke 12:15) And *“So it is with those who store up treasures for themselves but are not rich toward God.”* (Luke 12:21)

Our lives are not made up of possessions, and having lots of possessions does not make a life better, which is why some of the happiest people on Earth are also not among the “most wealthy.”

In addition, Jesus is saying that people who are only concerned with becoming wealthy (with whatever they find valuable), instead of becoming "rich" towards God, are foolish because only knowing God is truly valuable.

The rich man is considered to be a fool because he had become wealthy in all that he found valuable and he had failed to become wealthy in the one area that actually mattered. We often need to stop and openly and honestly reflect on our own lives and ask ourselves this paradoxically simple yet complex question: “*What actually matters to me?*” Only you can answer this question. *What is your answer?*
In this issue of the College Newsletter you will again read about the many wonderful faith, learning, student wellbeing, student leadership and co-curricula opportunities, activities and programs that have currently been running within the College this year. Recently the following activities have taken place:

- Parent/Teacher/Student Interviews
- Book Week Activities
- Author Visit - James Phelan
- Twilight Open Evening and Careers Expo at Catholic Regional College Sydenham
- Year 9 Subject Selection Interviews
- SACCSS Senior Futsal
- Year 9 SACCSS Premier League
- Year 7 Reflection Day
- Year 8 Statewide Maths Games Day
- Run Club
- Breakfast Club
- Maths Support Classes (Monday and Wednesday 3:20pm to 4:15pm)

I ask that you take the time to read through the various reports and encourage your son/daughter to actively participate in these opportunities. I also encourage you as parents to also involve yourself within our College and accept our invitation to the various parent programs offered.

**Parent Evening: Guest Speaker Dr. George Otero:**
Catholic Regional College Caroline Springs have been very fortunate to secure renowned international educational consultant, Dr. George Otero from Santa Fe, New Mexico USA, to spend an afternoon with our staff and then the evening with our parent community.

Dr. George Otero is an educational consultant and the director of the Center for RelationaLearning based in Santa Fe, New Mexico. He has worked for many years in Australia the United Kingdom as well as the United States. George works with schools and community leaders to transform schools though transforming relationships and family school partnerships. George has worked extensively with schools in the Archdiocese of Melbourne and Catholic Education Melbourne over the past decade.

Below are the details of this exciting event:

**Date:** Thursday 11 August  
**Topic:** The development of productive partnerships between schools, families and communities by connecting parents and the community.  
**Time:** 6:30pm light refreshments and opportunity to meet and talk with Dr. George Otero and the College Leadership Team.  Session will start at 7:00pm and conclude 8:30pm  
**Venue:** Catholic Regional College Caroline Springs  
**RSVP:** Monday 1 August

Please RSVP your intention to attend this special parent session by e-mail to principal@crccs.catholic.edu.au by Monday 8 August.

If you require any further clarification or if you have any questions, please feel free to contact the College on 9217 8000.

**‘Live Fully Act Justly’ Feast Day Thursday 8 September**

On **Thursday 8 September** we will be celebrating our *Live Fully Act Justly*’ Feast Day celebrations. This will consist of a Mass beginning at 9:30am followed by a College Fair, with a variety of stalls including food, games, raffles, and entertaining activities. The day will then conclude with an afternoon talent quest where students, and maybe even staff, get to display their gifts and talents. More information will be outlined in the College Newsletter as the date approaches. Parents and guardians are indeed warmly invited and encouraged to attend this exciting College event. If you would like to register to attend our College *Live Fully Act Justly* Feast Day please e-mail me at principal@crccs.catholic.edu.au

Jamie Madigan  
Principal
FROM THE DEPUTY PRINCIPAL

Twitter and Facebook

This newsletter I am proud to announce that our Facebook and Twitter sites are now available for parents/guardians to view. By following the Twitter link parents/guardians will read short posts (called tweets) which may contain photos, videos, links, and up to 140 characters of text about activities that are happening or have happened at the College and about activities that members of our student body have participated in within the local community. Alternatively, parents/guardians may prefer to use the social networking site Facebook to connect with us and view the variety of activities occurring at the College.

The aim of this initiative is to allow parents/guardians the chance to connect with our College community and to see what is happening in a timelier manner to give them the chance to experience the opportunities their child can be or may have been involved in. It is also an opportunity for the College to “show off” the amazing talents of our students.

Link to Twitter: - https://twitter.com/CRC_CS
Link to Facebook: - https://www.facebook.com/Catholic-Regional-College-Caroline-Springs-256402724739893/?fref=ts

The privilege of eating in class

As a College constantly looking to do better we try to review the various practices/allowances that may have been implemented in years past in a timely fashion. Sometimes this occurs as part of an annual cycle, sometimes it is because issues occur that cause us to doubt that what was put in place to help may no longer be doing exactly that.

The privilege of students eating in class is one such allowance and it came under review last year. The aim of this privilege was for students to be able to eat very small items of food just as a means to ‘wake’ them when they found their mind drifting and/or disengaging from the lesson. The reality is that students are abusing this privilege because they are so busy playing at Recess and Lunchtime that they don’t eat and then eat when they go back to class.

The Leadership Team has reviewed this privilege again and has made the decision that students will no longer be allowed to eat in class and will reinstate the no play on the pitch/courts/oval during the first 10 minutes of Recess and Lunch to allow students time to eat. Students will still be allowed to have a water bottle with them during class for hydration purposes, though we do ask that ideally it is not more than one litre in size.

Feast Day of St Mary of the Cross MacKillop

I am reminded that next Monday 8 August is the celebration of the Feast Day of St Mary of the Cross MacKillop, Australia’s first saint. This humble woman had a big heart and her desire to educate young people, give them new opportunities to experience and encourage them to be more than they thought they would be is enlightening for all educators. One of her most famous sayings is “never see a need without doing something about it”. These are truly words to live our lives by and are the basis of servant leadership.

Mary’s legacy was to leave us with a spirituality that can be seen as an energy that seeks right relationships with God, others, self and the Earth; something I wish for all our families as we continue on our journey together. Finally, I trust that regardless of where we are, we will find God’s meaning, purpose and vitality daily in whatever we do.

God bless!

Thanking you for your continued support.

Sheena Wright
Deputy Principal
FROM THE MISSION & FAITH LEADER

Our Year 7 students have taken part in Reflection Days over the past two weeks, engaging with our College Pillars that uphold our motto, *Live Fully Act Justly*. I would like to congratulate the students on their involvement in the day – being willing to join in games and activities but also having the maturity and serenity to sit quietly and reflect.

Our **Pillar of Prayer** was celebrated at the beginning and the end of Reflection Day and students were invited to search for ways in which they feel they can best build their relationship with God. Students will further develop this in Term Four Religious Education.

Students listened to a summary of the messages from Pope Francis entailed in “Laudato Si – On Care for Our Common Home” while looking at the **Pillar of Stewardship**. They wrote their own letters to Creation, reflecting on their concerns but also focussing on how they can be empowered to make a difference.

In the **Pillar of Learning**, students listened to the words of Matthew where Jesus invites us to let our “light shine before others” and reflected on learning experiences, stories and people that help them grow to the fullness of their created potential.

The words of Luke’s Gospel reminded us that, “Just as you did to the least of those who are my family, you did it to me”, in the **Pillar of Compassion**. Students contemplated their thoughts and feelings about issues of justice in their everyday lives as well as on a broader scale, and contemplated how their thoughts and feelings can drive them to action, and where those actions might lead for others.

I look forward to watching our Year 7s taking on the College Pillars with gusto over their future time here at the College.

*Jenny Jones*
*Mission and Faith Leader*
FROM THE STUDENT WELLBEING TEAM LEADER

Statistics tell us that one in four children will be the victim of abuse. Abuse comes in many forms and, as we learn more about the brain and how it works, the trauma abuse causes can be long term and debilitating. It is very important that our students are able to recognise abuse and are able to seek help when needed. Over the next few weeks I will be presenting to students information on what abuse is, what they can do if they are victims of abuse and what they can do if someone they know is a victim of abuse.

Abuse can be physical, sexual, emotional, verbal, or a combination of any or all of these. Abuse can also be neglect, which is when parents or guardians don't take care of the basic needs of the children who depend on them. Family violence can affect anyone. It can happen in any kind of family. Family violence can be physical, psychological, financial; it can involve humiliation, control and intimidation. Even if children are not the recipients of the abuse, witnessing abuse can be just as traumatic and is, in itself, a form of abuse. Another form of abuse is bullying and bullying can happen at home, at school, at the workplace and in clubs and groups - as can any form of abuse.

Unfortunately, sometimes even the victims have difficulty recognising that they are being abused. Children in particular might think that what they are experiencing is normal or that it’s their fault and is what they deserve. Sometimes children think that abusive relationships are the norm and think it’s ok to abuse and be abused. They think that aggressive and manipulative behaviours are acceptable whenever someone is mad or upset. For us as a College community, this proves to be quite challenging. We are most concerned with the dignity and wellbeing of every Individual here in our College and want for them to have a healthy and happy future. So we are called to address this and to ensure our students can recognise abuse and can respond to it in a healthy and appropriate way.

I will be speaking at all Year Level Assemblies in the next few weeks and will be educating our students on what abuse is, how it impacts on victims, what they can do if they are victims of abuse and what they should do if they know someone who is a victim of abuse. We have a wonderful team of people here, our Student Wellbeing Team, who are trained and equipped to work with students, families, teachers, external health providers and legal agencies if the need arises. The first thing a young person should do is talk to someone - a member of the family, a staff member, a doctor, a priest, a neighbour, a coach - anyone who will be able to help them access the resources and support they need.

If you know of anyone who is or may be in an abusive relationship and would like information on who you can contact, then please contact me here at the College and I will link you in with the appropriate people. Organisations like [www.kidshelp.com.au](http://www.kidshelp.com.au) and [www.lifeline.org.au](http://www.lifeline.org.au) also offer immediate support in times of crisis.

As a community we are called to walk with and actively support the most vulnerable amongst us. Children who are victims of abuse certainly fall into this category. Please take the time to speak to your child about this and to ensure that they have a network of people they can access if any abuse happens to them. Together we can make a difference.

*Information from [www.kidshealth.org](http://www.kidshealth.org)*

Ivanka Spiteri  
Student Wellbeing Team Leader
On Tuesday 2 August, our Year 9 students had the opportunity to meet individually with their DEAL teacher or a member of the Learning and Teaching Team to discuss their career portfolios, subject selection and future pathways. It was fantastic to see the effort our Year 9s have put into their pathways planning and the extensive conversations that have been happening with parents, guardians and older siblings in regards to Year 10 and beyond.

As a College we are proud to be able to offer the expertise and resources to run a great array of electives for our Year 9 and Year 10 students. At Year 9 and 10 for next year electives will be Semester long as to enable students choice and flexibility in their individualised program.

**Year 9 Elective offering 2017**
- Art
- Visual Communication Design
- Media
- Music Performance
- Drama
- Dance
- Fashion
- Food Technology
- Digital Technologies
- Woodwork
- Science Inquiry
- English
- Sports Performance: Nutrition and Skill Analysis
- Sports Performance: Tactics and Injury Management
- LOTE: Italian
- Money Management

**Year 10 Elective offering 2017**
- Advanced Health and PE: Enhancing Health and Fitness
- Advanced Health and PE: Sport and Exercise Science
- Arts and Sculpture
- Behavioural Science
- Digital Technologies
- Drama
- Fashion Technology
- Food and Technology
- LOTE Italian
- Media
- Music Performance
- Outdoor Education
- STEM: Aviation
- Visual Communication and Design
- Woodwork Technology

**Year 10 Subject Selection Interviews**
On **Thursday 11 and Friday 12 August** the Year 10 Subject Selection Interviews are being held at the College in the Library. Parents/Guardians are required to make a 10 minute appointment for either the Thursday evening or Friday morning via the PTO website. Families will receive a letter via the mail this week to give further details about these appointments. There will be no formal classes for Year 10 students on the Friday only.

At these appointments students will put through the subjects they intend to take at CRC Sydenham for 2017. Any subjects that incur a levy will be required to be paid at the time of the appointment. It is absolutely imperative that all students attend with a parent or guardian. We look forward to seeing you there.

**Year 7, 8 and 9 Immersion Days Friday 12 August**
Next Friday 12 August, our Year 7, 8 and 9 students will be partaking in their Term Three Immersion Days offsite. Our Year 7s will be learning about indigenous and multi-cultural issues during their Immersion in their trip to the Chinese Museum, Immigration Museum and City Discovery Walks.
Year 8s will be journeying back in time to spend a day in the medieval era at Kryal Castle.
Our Year 9s will be heading off to explore what our great city of Melbourne has to offer for their DEAL City Experience.

Parents/ Guardians are asked to check the Care Monkey notifications to see specific details about these Immersions as well as uniform and food requirements.

Stay tuned for our next newsletter to find out how these days went.

**Lisa Barnard**
Learning and Teaching Team Leader
FROM THE LIBRARY

On Wednesday 27 July, (during Book Week celebrations), author James Phelan spoke to the Year 7 & 8 students about his journey to becoming a published author. James talked about the importance of persevering and not giving up on your dreams. He started writing his first books at four years of age. Some were recipe books, others were comics with illustrations, and the rest short narratives. His mother has kept them all. In 1995, aged fifteen, James started his first novel, which began as a short-story for his major High School English assignment in 1996. After high school, James went to RMIT to study Architecture, and worked on the Federation Square Design team. He then attended the University of Melbourne to study Creative Writing, culminating in an MA (Writing) and PhD (Young Adult Literature) at Swinburne University of Technology. It was during his masters degree and while working at The Age Newspaper that James developed the idea that would become his first published book – *Literati* - and would soon lead to seeing his novels in print. To date, he has had 25 books published, with perhaps the most popular being “The Last Thirteen” series. James was a very entertaining, engaging and inspiring speaker.

FROM YEAR 7 REFLECTION DAY

Last Thursday we participated in various reflection activities at Taylors Hill Youth and Community Center while learning about our four school pillars. During this day some of these activities we did were pray at the very beginning like every other school day, built a pillar out of blocks, had a group discussion on each pillar, answered reflection questions in our booklets and built a cardboard pillar each with our four pillars on each side. We ended the day with a prayer like we did at the start.

We played games where we had to act like pillars including holding a tennis ball between my forehead and someone else’s, we had to balance a ball on a table cloth in the air, and we had to keep a balloon in the air without using our hands.

These actives were fun and exciting. It was nice that it needed us to work with people we don’t know and increase our knowledge of the school pillars. How I felt afterwards: I felt interested and felt smarter knowing what the four pillars of our school are

Written By John Joson, 7 Barak

FROM CATHOLIC REGIONAL COLLEGE SYDENHAM

Attention Year 10 Students and Families

New York and Italy Study Tours 2017 Information evening

Date: Monday 8 August 2016
Time: 7pm
Location: 380 Sydenham Rd, Sydenham VIC 3037
Please enter via Gate 10—Pecks Road Car Park.
The Crate
FROM THE SPORT DEPARTMENT

Round 2 - 26 July 2016
Away game Vs Catholic Regional College St Albans

Boys AFL: Won 23 - 15
Boys Basketball: Won 60 - 31
Girls Basketball: Won 65 - 7
Girls Netball: Won 36 - 4
Boys Soccer: Draw 1 - 1
Girls Soccer: Won 5 - 0
Boys Volleyball: Won 3 - 1
Girls Volleyball: Won 3 - 0

Round 3 - 2 August 2016
Home game Vs Mackillop Catholic College

Boys AFL: Lost 7 - 170
Boys Basketball: Lost 40 - 77
Girls Basketball: Lost 39 - 44
Girls Netball: Lost 15 - 38
Boys Soccer: Won 3 - 1
Girls Soccer: Won 7 - 0
Boys Volleyball: Lost 1 - 3
Girls Volleyball: Lost 0 - 3

FROM THE DRAMA DEPARTMENT

The Performing Arts department is buzzing with excitement at the moment! Tickets for our College Production of Beauty and the Beast went on sale last week and have been selling quickly! If you still want tickets there are still some available just click this link: https://www.trybooking.com/MHZT. Get in quick as they will sell out. We have three weeks to go until Opening Night and the cast and band are working really hard on perfecting every aspect of the show.

Outside of the Production we are also holding a Lunchtime Concert this term as well as performances at various Year Level Assemblies. We have a wonderful range of talented performers in our school and this is highlighted by their willingness to perform at many different school activities.

Katie Franzone
Arts Promotion Leader
Disney's Beauty and the Beast
Catholic Regional College Caroline Springs
Production of Disney's
Beauty and the Beast

Only 4 Shows
Thursday 25th & Friday 26th August - 7pm
Saturday 27th August - 12.30 pm & 7pm

https://www.trybooking.com/MHZT

At CRC Melton: 109 Bulmans Rd, Melton West VIC 3337

Music by Alan Menken
Lyrics by Howard Ashman & Tim Rice
Book by Linda Woolverton

By arrangement with Disney Enterprises Inc. Exclusive agent for Rebus Theatre International (RTI)
ThinkUKnow e-Newsletter - July 2016

Pokémon Go

Since its release only a few weeks ago, Pokémon Go has become the most popular smartphone application in history.

This augmented reality app allows users to go about their daily life, but in the company of Pokémon.

The basic aim of the game is to collect Pokémon characters, working towards ultimate battles in ‘gyms’ which are scattered around our towns and cities. In a nutshell, the aim of the game is to catch ‘em all!

Contrary to the games slogan, you don’t ‘gotta catch ‘em all’ if it means putting yourself in a situation where you feel unsafe, both online and offline.

Why it’s fun

It is integrated into our real world. In the past, when we thought of gaming we pictured sitting on the couch for hours in front of a screen. Pokémon Go encourages both adults and children to explore their surroundings.

‘Pokéstops’ are often found at well-known landmarks around town, some of historical and cultural significance.

The Pokémon themselves can be found in a variety of locations. We’ve been testing out the app, and we found some in our local park, in the lift and in the local supermarket. We’ve even got a ‘Pokéstop’ right outside the entrance to our building.

ThinkUKnow Top Tips

Time2Talk

- Why not download the app? Go catch Pokémon with your children so you can see what it’s all about.
- Go for a walk catching Pokémon and have a conversation with your children about appropriate locations to catch them. Which do they think are safe and not safe?
- While walking, occasionally ask them what’s around to draw their attention and focus back to their physical surroundings.
- Remind your child you don’t have to walk to a Pokémon’s exact location to capture it.

3. Talk to your child about the importance of always looking at what is around them before they start hunting Pokémon. Pokémon Go requires you to watch your avatar walking on a screen through GPS tracking. This can sometimes cause children to focus all their attention to that little screen in their hands.

4. Talk to your children about safe places to go while playing. Players can set off ‘lures’ which attract not only Pokémon, but people too. This can cause large numbers of people to flock to locations around town to stand at the lure which attracts Pokémon for 30 minutes. In these instances, it is important to be aware of who is around.

5. Be aware that apps may also have access to
1. Depending on your child’s age, search for Pokémon with them, or ensure they have a friend with them at all times if you’re comfortable with them being outside without parental supervision.

2. Make sure usernames don’t contain any identifying information. While there is no built-in chat feature, usernames will appear if you are in a ‘gym’. As you need to be physically near a gym to battle, its best those around you cannot identify you.

your personal information and other applications on your phone, including your location and camera.

3. There are in-app purchases, so don’t forget to chat to your children about the consequences of buying items through the app.

Helpful hint: You can track your child’s activity on the app by clicking on the journal icon as it keeps a log of all activity.

Please click here to subscribe.
2 POSITIONS AVAILABLE

working at

CRC
SYDENHAM

a) Maintenance Team Position x 1 2016 start
b) Maintenance Team position x 1 2017 start

email: jobs@crcsydenham.net

by Friday 12 August for an immediate start
(or as soon as can be negotiated)